



Wayne County Community College District

COURSE SYLLABUS

HHA 200 Home Health Aide Skills

CREDIT HOURS: 4.00

CONTACT HOURS: 60.00

COURSE DESCRIPTION: This course covers basic theory and skills needed for a Home Health Aide to assist patients in the home care and assisted living settings. Topics include client observation, ambulation, transfer, transport, personal grooming and assistance. Safety of patient and caregiver are stressed throughout the course. Skills and techniques learned are demonstrated in the lab hours imbedded in the course.

PREREQUISITES: None

EXPECTED COMPETENCIES:

Upon completion of this course, the student will be familiar with:

- Practice universal precautions for infection control and recognize when to use Personal Protective Equipment
- Identify and list physical, emotional and developmental needs of clients
- Write and maintain clear, concise records on services performed and patient condition
- Assist patient with independence and autonomy including: grooming and hygiene, ambulation, mobility training, exercise, transport and other daily tasks as required
- Demonstrate effective patient observation skills
- Use proper body mechanics in the transfer, ambulation, or transport of patients including those that are bed or wheelchair bound
- Identify characteristics of good nutrition and provide information on preparing healthful meals on a limited income with deference to medical conditions and special diets
- Assist patients with basic exercise techniques as prescribed by Direct Care Providers
- Instruct patients and family members approved medical techniques such as mobility training in the use of walkers, crutches and other medical devices

ASSESSMENT METHODS:

Student performance may be assessed by examination, quizzes, case studies, oral conversation, group discussion, oral presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

GRADING SCALE:

90%-100% = A
80%-89.9% = B
70%-79.9% = C
60%-69.9% = D
<60% = E